



**For Immediate Release**

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**Day Haven Adult Day Services and Arbors Assisted Living Communities  
to Co-host Free Educational Events for Caregivers**

(Ronkonkoma, NY)... Day Haven and The Arbors Assisted Living in Islandia have partnered to provide a series of educational events. The series is **free** and open to caregivers caring for a frail older adult or loved one with Alzheimer's or a related dementia.

The presentation and support group series is designed to provide practical advice and emotional support to those caring for a loved one. Wherever you are in your caregiving journey, this series will offer valuable information to help you and your loved one live with safety and dignity.

The schedule for the series is as follows:

**Thursday, September 16, 2010:** Julie Wexler, MPA, QDCS, will present "Alzheimer's and Caregiving," an overview of Alzheimer's disease and relevant caregiving topics.

**Thursday, September 30, October 14, November 4, 2010:** Diane Van Velsor, CTRS, QDCS, will lead a series of caregiver support groups at which participants can share their caregiving challenges and successes while offering advice and encouragement to others.

All four sessions will take place 6:30 – 8:00 p.m. at The Arbors at Islandia, 1515 Veteran's Memorial Hwy., Islandia, NY. Free on-site care will be provided during the meeting times for frail older adults and those with dementia. Reservations are required for care by calling Julie Wexler at (631) 585-2020.

Caregivers are welcome to come to one or all of the sessions. Refreshments will be served. Reservations can be made by calling Julie Wexler at Day Haven at (631) 585-2020.

About Day Haven Adult Day Services

Day Haven Adult Day Services is a social model adult day care program with centers in Port Jefferson and Ronkonkoma, NY, offering day time care and therapeutic recreation for frail older adults and those with Alzheimer's or a related dementia. Day Haven's support services for caregivers are funded in part by the NYS Department of Health, Alzheimer's Disease Community Service Program.

Day Haven Adult Day Services  
A Program of The Community Programs Center of Long Island  
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